



# UNIVERSITY OF NIIGATA PREFECTURE







## University Overview

The University of Niigata Prefecture (UNP) is a public university established in April 2009.

UNP consists of 3 Faculties, 2 Graduate Schools and 1 Institute: The Faculty of International Studies and Regional Development, The Faculty of Human Life Studies (Department of Child Studies, Department of Health and Nutrition), The Faculty of International Economic Studies, Graduate School of International Studies and Regional Development, Graduate School of Health and Nutrition and Economic and Social Research Institute for Northeast Asia (ERINA-UNP).

Following the basic principles of “Development of an International Perspective,” “Regional Emphasis,” and “Development of Human Qualities,” UNP is striving to nurture human resources who can resolve various issues and contribute actively in both global and regional arenas.

## 5 MISSIONS

UNP has 5 missions as follows:

1. Developing human resources with the ability to overcome the challenges of the changing times
2. Developing human resources with practical expertise who can play an active role in the international community and support local communities
3. Development of human resources with language skills and communication skills that can take a lead in the global society
4. Developing human resources who respect individuality and support society together
5. An educational and research base that contributes to local communities which are open to the world



# Faculty of International Studies and Regional Development



## Attainable Licenses & Certificates

Junior High School Teacher - Grade 1 (English)

High School Teacher - Grade 1 (English)

## Self Access Learning Center (SALC)

The Self Access Learning Center (SALC) is a language study support facility for all students. There is also a rich variety of foreign language self-study resources.

Japanese staff members proficient in English are stationed in the center, and providing support for English study.



## Our Mission

Our aim is to nurture graduates who can be active internationally while at the same time playing a central role in regional development through their high level expertise in dealing with globalization within the region. In their first year, students focus on building a foundation in English and political economy. From their second year onward, students study in one of three specialized courses that are intimately interrelated. Each of these courses provides specialized knowledge and viewpoints that are indispensable for the development of a sustainable future for humanity. Of course, as a student, you can decide which course to register for and the research topic.

## Strengths

- Achieve broader intellectual knowledge and understanding of other cultures, countries, and people in the world. Develop a global perspective and ability to take action.
- Listen, speak and understand. The environment facilitates enhancement of communication skills.
- A partnership that begins with language. Learn English, Russian, Chinese or Korean languages in Niigata.

## Courses

### International Relations

Dialogue with the world: Developing the concept of international systems

### Cross-Cultural Studies

Dialogue between human beings: Scrutinizing cultures

### Language and Culture Studies (Russian, Chinese, Korean)

Dialogue between neighboring countries: Scrutinizing communications

# Faculty of International Economic Studies



## Our Mission

The Faculty of International Economic Studies was established in April 2020 as an education and research base for developing human resources with a global perspective and high level of expertise in economics. In order to nurture graduates who can be active globally, as well as contribute to the development of regional economy, our curriculum design focuses on three essential abilities: the ability to understand and analyze the latest economic, industry, and business trends; the ability to interpret and analyze data and information; as well as solid communication skills to support global success. Three courses with specialisation in international economy, regional economic development and data science are available for students from the second year of education.

## Strengths

- Systematic and step-by-step curriculum development
- Focus on practical data analysis skills and project-based learning
- High-level English and second-foreign language competency
- Small-group seminar-based education

## Courses

### International Economy Course

Course for deepening an understanding of the international economy with a focus on East Asia.

### Regional Economic Development Course

Course for developing a better understanding of local and regional economies and policy development for their revitalization.

### Data Science and Economics Course

Course for acquiring practical and analytical skills in the fields of data science and data analysis.



# Faculty of Human Life Studies

## The Department of Child Studies



### Our Mission

This course of study helps students develop essential and key knowledge and the expertise necessary for working with infants to children 6 years of age. The department offers attentive education and considers human relationships as the basis of education, so that faculty–student’s relationship is important. Students acquire sophisticated knowledge, and develop rich humanity to assume an active part in child care while providing support for child rearing, and contributing to welfare and children’s peace in society.

### Strengths

- Students learn sophisticated specialized knowledge & develop skills based on the goals and direction of the Department of Child Studies.
- We offer many courses that can fully meet students’ intellectual curiosity.
- We nurture graduates who can act as key personnel in child care and welfare work environments.

### Attainable License & Certificates

Kindergarten Teacher License Grade 1  
Child-Care Worker qualification  
Qualification to take the national examination of Certified Social Worker

## The Department of Health & Nutrition



### Our Mission

To prepare for an aging population and lower birthrate, the expectation of registered dietitians has been increasing to support healthy eating habits in Japan. Registered dietitians provide nutrition counseling and education, management of food services at hospitals, welfare facilities, schools, and public health centers for the treatment and prevention of diseases and keeping healthy lifestyles. In food companies, registered dietitians are working as leaders in food sanitation supervisory or product development sections. Our goal is to develop human resources who will become leaders in food and nutrition management for healthy life expectancy in local and global societies.

### Strengths

- The Basic Course provides broad knowledge for students to become food specialists who can solve nutritional problems from global perspectives.
- The Advanced Course provides practical training in schools, public health centers, and hospitals.
- The Course provides qualification to take the national examination for the certified registered dietitian license and nutrition teacher license.

### Attainable License & Certificates

Qualification to take the national examination of Certified Registered Dietitian  
Certified Dietitian License  
Nutrition Teacher License Grade 1

## Graduate School of International Studies and Regional Development (GSISRD)

### Master of Arts in International Studies and Regional Development



#### Our Mission

As a hub of Northeast Asia in the era of global change, Niigata is the best place for students, both domestic and international, to pursue their academic and professional goals. In completing your graduate studies, you will be pleased to see how you have developed in the last 2 years, and have prepared yourself for positive change in the years to come with your achievements and experience at GSISRD.

#### Strengths

- Japanese language proficiency is NOT required for earning a Master's degree. Courses are primarily taught in English.
- Distinguished faculty members in International Relations and Area Studies are ready to help YOU at every phase of your studies and life here.
- You will be trained step by step in research design and qualitative and quantitative analysis, as well as Japanese writing and presentation skills if you desire.

## Graduate School of Health and Nutrition (GSHN)

### Master of Health and Nutrition



#### Our Mission

GSHN is dedicated to cultivating exceptional human resources who actively contribute to promoting human health through food by seamlessly integrating scientific knowledge and practical application. Our primary objective is to nurture highly specialized practitioners with advanced expertise and skills in the field of "food and health" through our comprehensive educational and research programs. By achieving this goal, we strive to make a significant and impactful contribution to the development of the local community.

#### Strengths

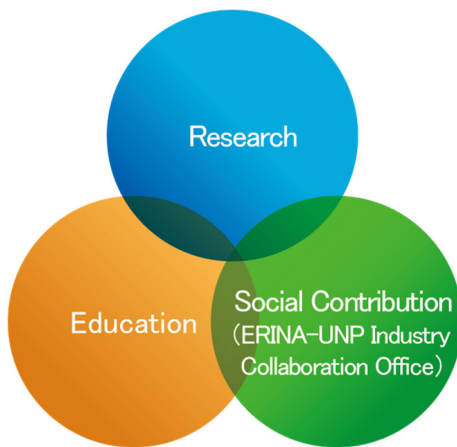
- GSHN offers foundational subjects that facilitate the development of fundamental knowledge and skills, enabling students to systematically comprehend and master advanced expertise and skills.
- GSHN provides specialized subjects in three distinct fields: the "Health and Nutrition Field," the "Food Development Field," and the "Health and Nutrition Policy Field." These subjects are intentionally designed to nurture targeted human resources, equipping students with advanced expertise and skills in their chosen field.
- Through our comprehensive range of both fundamental and specialized subjects, we cultivate highly specialized practitioners with advanced expertise and practical capabilities, empowering them to assume pivotal roles within their respective fields.

# Economic and Social Research Institute for Northeast Asia

## Our Mission

ERINA-UNP collaborates with domestic and international researchers to study the socioeconomics of Northeast Asia from multiple perspectives. Our mission is to disseminate the findings to educational and research institutions as well as to a wide range of people.

## Three Pillars



### Research

- ◇ Fundamental research on the economy, society, and politics of the five countries in Northeast Asia (China, Russia, Mongolia, ROK, and DPRK)
- ◇ Investigative research on issues related to the economy, industry, and local community of Niigata, which is developing while coexisting with the Asia-Pacific region, including Northeast Asia and Eurasia

### Education

- ◇ Providing students with knowledge gained through research through undergraduate and graduate classes and Open House
- ◇ Supporting students' international exchange activities

### Social Contribution (ERINA-UNP Industry Collaboration Office)

- ◇ Providing knowledge and learning opportunities for a wide range of people, such as providing education to administrative and economic organizations, and holding seminars for enterprises and symposiums for prefectural residents

## Number of Students (as of May 1, 2025)

	Faculty	Department	Male	Female	Total
Undergraduate	Faculty of International Studies and Regional Development	Department of International Studies and Regional Development	208(1)	566	774(1)
	Faculty of Human Life Studies	Department of Child Studies	7	198	205
		Department of Health and Nutrition	5	167	172
	Faculty of International Economic Studies	Department of International Economic Studies	246	162	408
Graduate	Graduate School of International Studies and Regional Development (GSISRD)		10(6)	6(4)	16(10)
	Graduate School of Health and Nutrition (GSHN)		2	10	12
Total			478(7)	1,109(4)	1,587(11)

() : Number of international students

## Entrance Exam Information

Undergraduate	Admission exam subjects (Admission of Foreign Applicants and Returnees)
Department of International Studies and Regional Development	<ul style="list-style-type: none"> <li>• Interview</li> <li>• Exams: 1. Making summaries in Japanese and English; 2. Write an essay in either Japanese or English</li> </ul>
Department of Child Studies	• Interview • Exams in Japanese ( an essay )
Department of Health and Nutrition	• Interview • Exams in Japanese ( a test of chemical )
Department of International Economic Studies <sup>*1</sup>	• Interview • Exams in Japanese ( an essay )
Graduate	Admission exam subjects
Graduate School of International Studies and Regional Development	• Academic subjects ( essay questions <sup>*2</sup> ) • English • Interview
Graduate School of Health and Nutrition	• Academic subjects • English • Interview

<sup>\*1</sup> Department of International Economic Studies is required to submit the TOEFL iBT or TOEIC L & R results within 2 years before the application start date at the time of application.

<sup>\*2</sup> Submit together with application documents when you apply. Essay topics can be uploaded from the University website.  
(URL:<https://www.unii.ac.jp/e/academics/graduate-isrd/>)

## Tuitions and Miscellaneous Fees

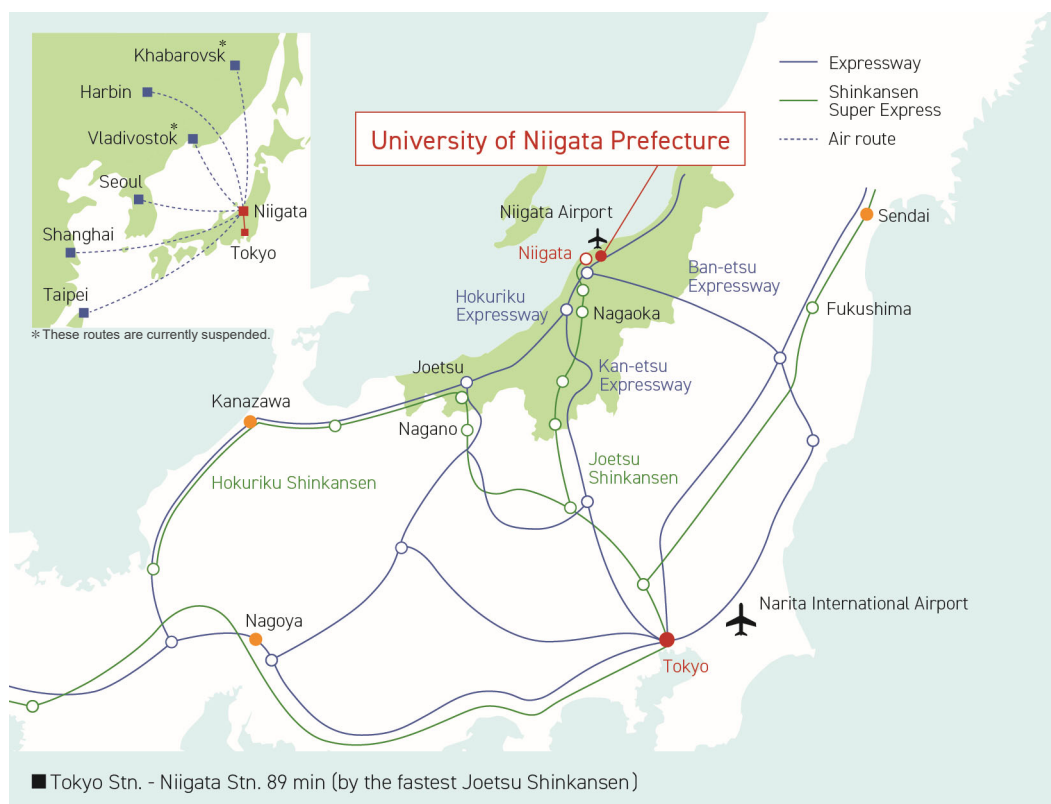
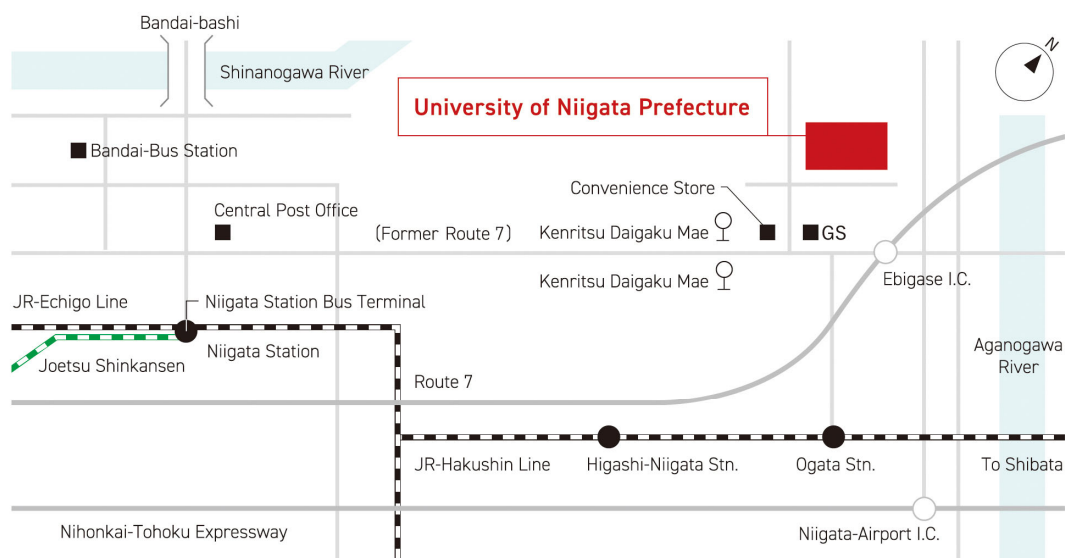
	Amount (Yen)	
Application fee	Undergraduate: 17,000; Graduate: 30,000	
Enrollment fee	Undergraduate: 1. Niigata Prefecture Residents: 282,000 2. Non-residents: 564,000	Graduate: 1. Niigata Prefecture Residents: 141,000 2. Non-residents: 282,000
Tuition fee	535,800 per year	

## Access

### ◇ Transportation

It takes about two hours from Tokyo Station. (Arriving at Niigata Station on the Joetsu Shinkansen)

- Bus 25 min. (From Bus stop 2 at Niigata Station Bus Terminal to Kenritsu daigaku Mae) and 3 min. walk.  
\*For Tsushimaya Line, 8 min. walk from Ogata Honcho.
- Train 10 min. (From Niigata to Ogata Station) and 15 min. walk.
- Taxi 20 min. (From Niigata Station)



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